

## EXPLORING THE CHALLENGES AND PROSPECTS OF DEMOCRATIC GOVERNANCE IN CONTEMPORARY SOCIETY

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### Abstract

*Democratic governance faces numerous complex challenges that undermine its effectiveness and integrity. Political polarization has fragmented societies impeding decision-making. Rapid technological advancement had enabled the spread of disinformation, eroding public trust in democratic institutions. The rise of authoritarian regimes threatens democratic principles and values. To address this crisis, scholars and policy-makers must reassess and adapt strategies to safeguard democratic norms; this paper examines the challenges facing democratic governance, including populism's impact on democratic systems. It analyzes the drivers of societal fragmentation and political discontent, highlighting the need for mechanisms to combat disinformation and promote media literacy. This paper explores ways to revitalize democracy, emphasizing the importance of strengthening democratic institutions to withstand external and internal pressures; it provides actionable insights for policy-makers to foster a more resilient democratic society.*

**Keywords:** Exploration, Challenges, Prospects, Democratic Governance, Contemporary Society.

### Introduction

Democratic governance emphasizing citizen involvement, has long symbolized legitimate and effective rule (Diamond, 2015). Founded on the belief that authority stems from the people's consent, democracy underpins modern governance, promoting collective decision-making and societal progress. However, democracy now faces significant challenges that threaten its stability and relevance.

The 21st century brings uncertainty and disillusionment to democratic governance, Political polarization, deep ideological divides, insular information networks undermine consensus-building and compromise (Diamond, 2019). Disruptive technologies spread misinformation, eroding trust in democratic institutions (Chadwick, 2017). Additionally, authoritarian regimes globally challenge democratic principles like freedom, human rights, and the rule of law (Levitsky&Ziblatt, 2018).

This paper examines the complexities of modern democratic governance, analyzing challenges like political polarization and erosion of democratic norms. It explores ways to strengthen and renew democracy, aiming to enhance understanding of current challenges and future prospects. These issues are interconnected, reflecting broader societal challenges and global trends. Social media accelerates information spread, creating echo chambers that deepen ideological divides and undermine democratic discourses (Sunstein, 2018). Declining trust in traditional institutions like media and political parties allows populist narratives to exploit public dissatisfaction (Mudde&Kaltwasser, 2017). Populist leaders often capitalize on economic anxieties, cultural insecurities, and perceived grievances to mobilize support and delegitimize democratic institutions deemed to be part of the elite establishment (Müller, 2016).

Externally, authoritarian regimes challenge democratic values through coercion and misinformation (Walker & Ludwig, 2019). The rise of autocratic leaders and weakened democratic institutions worldwide threatens the global spread of democratic principles. Despite these challenges, democracy shows resilience and adaptability (Diamond, 2008). By embracing innovation, encouraging civic engagement, and strengthening institutions, societies can overcome the obstacles and work towards a more just, equitable and inclusive future. This paper explores these possibilities and provides insight into revitalizing democracy in the modern era.

### **Political Polarization**

Political polarization has become a major hindrance to effective democratic governance, with far fetching consequences beyond partisan divisions. (Levitsky and Ziblatt (2018) argued that the increasing polarization of political parties and ideologies has led to governmental gridlock and dysfunction, this polarization is marked by lack of common ground, where compromise is seen as a weakness rather than a democratic necessity. The consequences are profound increasing legislative deadlock, eroded public trust, and the reinforcement of ideological divisions through media echo chambers (Sunstein, 2018) identity politics has further fueled partisan animosity(Mason, 2018) (Mann & Ornstein, 2012). To address this, political leaders must prioritize the common good, engage in principled compromise and foster constructive dialogue (Putman, 2016. Additionally, promoting media literacy, combating misinformation and fostering civic engagement can help bridge ideological divides and build a more informed, engaged, and cohesive democratic society (Guess et al., 2019, Putman, 2000). By cultivating a shared sense of purpose, societies can transcend partisan divisions and build a more inclusive democratic polity.

Furthermore, fostering civic engagement and participation can help counteract the atomizing effects of political polarization by providing avenues for citizens to interact with one another, build social capital, and collaborate on collective endeavors (Putnam, 2000). By cultivating a sense of shared purpose and collective identity, societies can transcend narrow partisan divides and forge a more cohesive and inclusive democratic polity.

Summarily, political polarization presents a significant threat to the health and functioning of democratic institutions, undermining their integrity and effectiveness. However, by understanding the root cause of polarization and actively implementing solutions that

promote cross party collaboration, societies can overcome these obstacles and revitalize democratic governance; ultimately enhancing the wellbeing of all citizens.

### **Technological Disruptions**

The swift pace of technological progress brings both benefits and drawbacks (Norris, 2019). While technology can boost transparency, accountability and citizen engagement, it also enables the spread of misinformation, cyber threats, and privacy violations. To preserve the integrity of democratic processes, it is crucial to strike a balance between harnessing the advantages of technological innovations and mitigating their potential risks and challenges. Technological advancements have significantly transformed the landscape of democratic governance. Digital tools and platforms have enabled governments to communicate with citizens more efficiently, facilitating real-time feedback and engagement (Howard & Hussain, 2013). For instance, social media platforms provide a space for citizens to voice their opinions, organize protests, and hold elected officials accountable. This increased accessibility to information has the potential to foster greater transparency and trust in democratic institutions.

Moreover, technology has transformed the way governments interact with citizens and provide services. E-government initiatives have modernized administrative processes, increasing service delivery (UN E-Government Survey, 2020). Online Digital platforms enable citizens to access government services conveniently, facilitating engagement with public institutions and fostering a more responsive government ecosystem.

However, alongside these benefits, technological disruptions have also introduced new challenges to democratic governance. The rise of disinformation and fake news on social media platforms has undermined the credibility of traditional media sources and distorted public discourse (Wardle & Derakhshan, 2017). Foreign actors and malicious individuals exploit these platforms to spread misinformation, manipulate public opinion, and interfere in electoral processes (Kreiss et al., 2016).

The widespread adoption of digital surveillance technologies has sparked concerns about privacy and civil liberties. Governments and corporations are collecting vast amount of data on individuals' online activities, raising concerns about surveillance, data protection, and algorithmic bias (Zuboff, 2019). The absence of robust regulations governing the use of these technologies puts citizens' right and freedom at risk. The impact of technological disruptions on democratic governance has been profound while technology offers benefits like transparency, accountability and citizen engagement, it also poses challenges like; disinformation, lack of robust regulatory frameworks to govern the use of these technologies poses risks to citizens' rights and freedoms. Technological disruptions have fundamentally altered the dynamics of democratic governance. While technology offers opportunities to enhance transparency, accountability, and citizen participation, it also poses challenges such as disinformation, cyber threat and privacy concerns. To address these challenges, a collaborative approach is necessary involving government tech companies, civil society, and citizens. By leveraging technology potentials while minimizing its risks, democratic societies can adapt to the digital era while preserving the democratic values and principles.

## **Rise of Authoritarian Regimes**

The resurgence of authoritarian regimes poses a significant threat to the robust foundations of democratic governance. This paper investigates the rise of authoritarianism, its harmful impact on democratic principles, and the urgent need for global cooperation to counter this trend and safeguard democratic values

**Authoritarian Regimes: A Growing Concern** The rise of authoritarian regimes constitutes a significant global trend in recent years (Diamond, 2015). These regimes often exhibit characteristics such as centralized control, limited political competition, and suppression of dissent. Under the guise of stability and order, authoritarian leaders curtail civil liberties, restrict freedom of expression, and undermine independent institutions (Levitsky & Way, 2010).

Authoritarian regimes fundamentally undermine democratic principles by dismantling essential pillars of democracy. They erode the rule of law, exploiting legal system to entrench their power and quash oppositions (Linz & Stepan, 1996). Freedom of speech and independent media come under attack as authoritarian regimes seek to control information flow and silence dissenting voices (Snyder, 2000). Such restrictions on civil liberties stifle political pluralism and inhibit the functioning of democratic institutions.

**Threat to Global Democratic Governance** The spread of authoritarianism represents a significant threat to the global advancement of democratic governance. Authoritarian regimes undermine international norms and standards, impeding efforts to promote democracy and human rights worldwide (Way, 2015). Moreover, the erosion of democratic governance within states can have destabilizing effects on regional and global security, exacerbating conflicts and fueling extremism (Mounk, 2018).

## **Populism**

Populism, a political phenomenon that mobilizes the masses against the established elite, has gained significant traction in modern democracies (Mudde & Rovira Kaltwasser, 2017). Born out of public frustration and disillusionment with traditional political systems, populist movements often pledge to champion the concerns of ordinary citizens and reclaim power for the people. While populism offers a chance to renewed democratic engagement and representation, it also poses challenges to the stability and inclusivity of democratic governance, necessitating a nuanced understanding of its implications.

On one hand, populism can serve as a catalyst for political change, mobilizing marginalized groups and bringing attention to neglected issues (Müller, 2016). By challenging the status quo, populist movements have pushed for greater accountability and responsiveness from political elites. Additionally, populist rhetoric often resonates with voters who feel alienated by mainstream political discourse, leading to increased political participation and engagement (Moffitt, 2016).

However, populism also poses significant risks to democratic governance. Populist leaders often simplify complex issues, offering simplistic solutions that neglect the nuances of effective policy making (Mudde & Rovira Kaltwasser, 2017). This reductionism can degrade the quality of public discourse and policymaking overlooking the subtleties required for informed

decision making (Mudde, 2004). Moreover, populist movements frequently employ divisive rhetoric, blaming marginalized groups and fostering social polarization (Taggart, 2004). Such polarization can fray social bonds, undermine the inclusivity of democratic institutions and imperil the very foundations of democratic governance.

Democratic societies face the crucial task of reconciling populist demands with the principles of informed and responsible governances (Mény&Surel, 2002). While populism may bring attention to genuine concerns, democratic leaders must ensure that populist policies are grounded in evidence, expertise, and democratic valued (Urbinati, 2014). Moreover, addressing the underlying drivers of populism such as socioeconomic inequality and political disengagement is vital for fostering democratic resilience and strengthening the foundations of democratic governance (Mudde&RoviraKaltwasser, 2017).

In summary, populism is a multifaceted phenomenon with far-reaching consequences for democratic governance. While populist movements have the potential to engage citizens and highlight overlooked concerns, they also present risks to informed policymaking and social unity. By reconciling the need to address legitimate concerns with the imperative to uphold democratic principles, societies can navigate the complexities of populism and ensure integrity of democratic governance.

### **Disinformation**

The deliberate spread of false or misleading information known as Disinformation, poses a substantial danger to democratic governance (Tufekci, 2017). The widespread dissemination of fake news compromises the legitimacy of elections and public discourse, leading to a declined in trust in democratic institutions and an intensification of social polarization. In today's digital landscape, social media platforms have become hotbed for the rapid spread of falsehoods, further imperiling the foundations of democratic governance.

The dissemination of disinformation on social media is driven by a combination of factors including algorithmic bias, echo chambers and the viral nature of online content (Wardle &Derakhshan, 2017). Social media algorithms designed to maximize user engagement, often prioritize sensational or emotionally charged content, regardless of its factual accuracy (Bakshy et al., 2015). Moreover, social media users tend to be exposed to information that confirms their existing beliefs, reinforcing ideological echo chambers and limiting their exposure to diverse viewpoints (Flaxman et al., 2016). This phenomenon contributes to the increasing polarization of public discourse, making individuals more vulnerable to disinformation and further eroding the foundations of democratic governance.

Regulatory measures are crucial to curb disinformation spread and harmful effects (Tambini et al., 2018). Governments can enact laws to requiring platforms and content moderation practices, and impose fines and penalties for non-compliance. These ensure accountability and prompts platforms to take adequate measures to combat disinformation.

Technological solutions, including A-I powered facts checking tools can support regulatory effort by identifying and flagging potentially misleading content (Graves et al., 2019). Automated algorithms can analyze large data set, detecting inconsistencies and inaccuracies, and thereby helping to prevent the spread of misinformation (Graves et al., 2019).

Nevertheless, a deployment of technological solution requires careful consideration to avoid unintended consequences, such as censorship or the suppression of legitimate expression and ensure that they effectively complement regulatory efforts without compromising democratic principles.

In summary, the spread of fake news and disinformation poses substantial threats to democratic governance. Social media has magnified the problem, eroding trust in democratic institutions and intensifying social polarization. To combat this, a multifaceted approach is necessary, encompassing media literacy, regulations and technological innovations. By educating citizens to critically access information, holding social media platforms responsible for their content, and harnessing technology to counter disinformation, societies can protect the integrity of democratic discourse and ensure the resilience of democratic governance.

### **Institutional Decay**

Democratic institutions are experiencing a profound crisis of legitimacy and effectiveness (Diamond, 2015). Corruption, inefficiency, and bureaucratic inertia are debilitating government agencies, eroding their capacity to address pressing societal issues. Revitalizing and fortifying democratic institutions is crucial for restoring public trust in democratic governance and ensuring their ability to effectively responding to the needs of citizens

Democratic institutions are the cornerstone of a functioning democracy, providing the framework for political representation, accountability, and the rule of law. However, in many countries, these institutions have been undermined by a combination of internal and external factors.

Corruption is a key factor in the deterioration of institutional integrity. When public officials exploit their authority for personal benefit, it diminishes public confidence in government institutions and subverts the democratic process (Treisman, 2000). Corruption not only skews policy decisions and resource allocation but also perpetuates inequalities and erodes social unity (Rothstein & Teorell, 2008). Effective anti-corruption strategies are essential to counter this threat, including transparency measures, accountability mechanisms and independent oversight bodies (Heidenheimer et al., 2011).

Inefficient processes and bureaucratic inertia pose significant challenges to democratic institutions. Overly complex procedures, excessive red tape, and a lack of accountability can hinder the delivery of public services and effective governance (Kaufmann et al., 2005). Additionally, institutional inflexibility can prevent governments from responding promptly to emerging challenges, thereby perpetuating social and economic inequalities (Hood, 2010). Enhancing the effectiveness of democratic institutions requires streamlining bureaucratic processes, building capacity, and promoting a culture of innovation, accountability and adaptability (Andrews, 2013).

Furthermore, democratic institutions may face external pressures from powerful interest groups, foreign actors, or authoritarian regimes seeking to undermine democratic norms and institutions (Levitsky & Ziblatt, 2018). In such cases, safeguarding democratic institutions requires resilience and vigilance, as well as international cooperation to counter external threats (Way, 2015).

Revitalizing and fortifying democratic institutions is crucial for reinstating public trust in democratic governance and tackling the underlying causes of institutional deterioration. A multifaceted strategy is necessary, encompassing legal and institutional reform, anti-corruption initiatives, capacity building programmes, and transparency and accountability measures (Diamond, 2015). Moreover, cultivating a culture of civic participation and engagement can enable citizens to hold their government accountable and contribute to the renewal of democratic institutions, fostering a vibrant democracy that truly represents the people's interest (Putnam, 1993).

In conclusion, institutional decay poses a significant challenge to democratic governance, undermining public trust and impeding effective policymaking. Addressing this challenge requires concerted efforts to combat corruption, streamline bureaucratic processes, and safeguard democratic norms and institutions. By rebuilding and strengthening democratic institutions, societies can uphold the principles of democracy and ensure that government remains accountable and responsive to the needs of its citizens.

### **Future outlook**

Amidst these challenges, there are also grounds for optimism regarding the future of democratic governance (Sikkink, 2017). Civil society organizations, grassroots movements, and international alliances are vital in promoting democratic values and ensuring governments' accountability. Technological advancement offers the potential to empower citizens and amplify democratic engagements. Moreover, the ability of democratic institutions to withstand adversity and adapt to challenges demonstrates their enduring strength and resilience, fostering hope for a brighter future.

Civil society organizations (CSOs) are vital as champions of democratic values and civic engagement, serving as a guidance of democracy. They securitize government actions, advocate for policy change, and rally public support for democratic principles (Keck & Sikkink, 1998). From advocating for human rights to championing environmental causes, CSOs play a vital role in advancing social justice and promoting democratic governance, ensuring that democracy serves the needs of all citizens.

Grassroots movements, fueled by citizen activism and social mobilization, have the power to effect profound political change (Tarrow, 1994). From the Arab Spring to the Black Lives Matter movement, grassroots movements have challenged authoritarian regimes, demanded accountability from governments, and sparked conversations about systemic inequalities. These movements exemplify the potential of ordinary citizens to shape the political landscape and drive democratic reform.

International alliances and multilateral institutions also contribute to the advancement of democratic governance on a global scale (Levitsky & Way, 2010). Organizations such as the United Nations, the European Union, and regional bodies play a critical role in promoting democratic norms and standards, providing support for democratic transitions, and mediating conflicts. By fostering cooperation among member states and upholding international law, these institutions help to safeguard democracy and human rights worldwide.

Technological advancements have the capacity to transform democratic governance by boosting transparency, broadening access to information, and amplifying citizen engagement (Norris, 2011). Digital platforms and social media have unleashed opportunities for citizens to connect, collaborate and mobilize, enabling collective action on a vast scale. By leveraging technology, individuals can influence policy decisions, participate in crowd sourced, policy making, and drive online activism, thereby shaping political outcomes and revitalizing democratic engagement..

Moreover, the ability of democratic institutions to withstand and overcome adversity showcases their inherent strength and adaptability (Diamond, 2015). Despite facing formidable challenges like institutional erosion, populist movements, and this disinformation, democratic societies have consistently demonstrated a remarkable capacity for self-rejuvenation and resilience. Through robust mechanism like free and fair elections, independent judiciaries, and thriving civil societies, democratic institutions have shown an ability to evolve and adapt responding to the evolving needs and values of society.

In summary, while the challenges facing democratic governance are significant, there are reasons for optimism about the future. Civil society organizations, grassroots movements, and international alliances play a crucial role in advocating for democratic values and holding governments accountable. Technological innovations hold the potential to empower citizens and enhance democratic participation. Moreover, the resilience of democratic institutions demonstrates their enduring value and adaptability in the face of adversity.

### **Conclusion**

In conclusion, democratic governance faces significant challenges, including political polarization, technological disruptions and authoritarianism. However, by addressing these challenges and leveraging opportunities for reform and innovation, democratic institutions can be strengthened, ensuring a more inclusive and resilient democratic governance system for future generations. Prioritizing reforms that promote political pluralism, social cohesion and international cooperation is essential. By working together and upholding democratic principles, the promise of democracy can be realized; securing a better future for all.

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